



TOGETHER

Project Number: 2019-1-PT01-KA203-060772

A TASTE OF CULTURE - INTERCULTURAL SHARING OF GASTRONOMIC DISHES AND THEIR HISTORICAL CONTEXT

Group size: 10
Duration: 120 min
Objectives: <ul style="list-style-type: none">• Create an environment conducive to education for difference;• Promotion and valorization of different cultures;• Better understanding of different cultures.
Description: <p>Gastronomy is a valuable cultural element. It is directly linked to the social and historical construction of cultures, reflecting histories, traditions, religious events, rituals, among other aspects that illustrate a given culture.</p> <p>Through the intercultural sharing of gastronomic dishes and their historical context, it is expected to create an environment conducive to education for difference and the consequent inclusion of participants.</p> <p>The activity consists of a multicultural meal where each participant will contribute a single dish / gastronomic drink typical of their region / culture, explaining the recipe and its origins or historical background and the relevance it has for itself and for its culture.</p>
Debriefing - Evaluation: Final brainstorming about the activity and the importance of intercultural sharing for a better inclusion in the academic environment. Qualitative evaluation.



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